

# Laundry Guide for Teens

step 1	Pretreat any tough stains, and load laundry into the washing machine. Follow the instructions below for sorting, temperature and laundry products to use.			
step 2	Sort Laundry	Whites	Colors	Darks
step 3	Set Temperature	Hot	Warm or Cold	Cold
step 4	Choose Laundry Products	Detergent Bleach Fabric Softener	Detergent Fabric Softener	Detergent Fabric Softener
step 5	Remove laundry from washer. Air-dry delicates and shrinkable fabrics.			
step 6	Shake out laundry and add to dryer along with dryer balls or dryer sheets.			
step 7	Set to normal for most loads or to the towel setting for towels and heavy fabrics like comforters.			
step 8	Remove laundry from dryer and fold neatly.			