

YUMMY LOW CARB SNACKS

- hard boiled eggs
- peanut butter and celery
- nuts
- carrot sticks and hummus
- ham and cream cheese rollups
- pork rinds
- cottage cheese and raspberries
- string cheese
- sunflower seeds
- pepperoni slices and cheese cubes
- stuffed mushrooms
- turkey and Swiss cheese rollups
- baked Parmesan crisps
- bacon slices
- beef or turkey jerky
- bacon and cream cheese bites
- pickles and cheddar cheese slices
- meatballs
- bacon, lettuce and tomato wraps (BLTs)
- tuna and lettuce wraps
- asparagus and bacon bundles
- plain, full fat yogurt
- cucumbers and ranch dip
- berries (strawberries, raspberries or blackberries)
- lunch meat, cheese, and pickle wraps

- sugar-free chocolate
- tuna on tomato slices
- shredded cheddar baked crisps
- pepperoni sticks
- zucchini pizzas
- cauliflower and ranch dip
- broccoli and cheese dip
- avocado slices
- edamame, roasted
- tuna on cucumber slices
- veggies and guacamole
- jalapeno and cream cheese poppers
- little smokies
- zucchini topped with bacon and cheddar
- zucchini chips
- cucumber sandwiches
- bacon-wrapped chicken bites
- green pepper halves stuffed with pizza toppings
- green pepper halves stuffed with philly cheesesteak
- celery and cottage cheese
- celery and cream cheese
- bacon-wrapped artichoke hearts
- cauliflower crisps
- deviled eggs
- egg salad wrapped in lettuce

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